

National Capital Region

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025

May 9-12 and 23-26 and June 6-9, 2023 Hotel Lucky Chinatown, Binondo, Manila

DOCUMENTATION REPORT

I. Introduction

Based on national nutrition surveys, the nutrition situation of the Philippines can be described to be experiencing the triple burden of malnutrition. In NCR, other nutrition challenges such as maternal malnutrition, hunger and food insecurity and poor infant and young child feeding also exist.

Executive Order No. 138 or *The Full Devolution of Certain Functions of the Executive Branch to Local Government Units (LGUs), Creation of a Committee on Devolution and for Other Purposes* strengthened the implementation of the Local Government Code as it called on all national government agencies (NGAs) to fully devolve all functions related to providing basic services. It strengthened the LGUs' primary responsibility for planning, financing, and implementing nutrition and other basic services.

Multistakeholder participation in the planning, implementation, and monitoring of the nutrition program has been adopted for the country's nutrition program since the issuance of Presidential Decree 491 which established the National Nutrition Council (NNC). Local nutrition committees serve as the platforms for intersectoral coordination at the LGU level while the regional nutrition committees and the NNC Governing Board serve the same purpose at the regional and national level, respectively.

The LGU local nutrition action plan (LNAP) is a multisectoral plan that integrates nutrition actions from members of local nutrition committees (LNC). The NNC through its regional offices (ROs) provide technical assistance to the LGUs in preparing local nutrition action plans.

In 2022, NNC-NCR assisted the cities of Manila and Quezon City in the formulation of their LNAP 2023-2025. For this year, the regional office conducted three (3) batches of the planning workshop to assist the remaining 15 LGUs in the formulation of their LNAPs.

II. Objectives

The NNC-NCR conducted the planning workshop to:

- 1. Define processes and tools that will facilitate the formulation of a three-year city and municipal nutrition action plan harmonized with local development planning and budgeting; and
- 2. Guide local nutrition committees in formulating a nutrition action plan that would strategically address the existing nutritional problems in their locality.

III. Expected Output

Participants were required to accomplish and submit all the workshop matrices and a comprehensive draft LNAP 2023-2025. Participants also accomplished the activity evaluation in exchange for a Certificate of Attendance.

IV. Highlights

A. Basic information on the workshop

Activity Title	Workshop on the Formulation of Local Nutrition Action				
	Plan 2023-2025				
Region	National Capital Region				
Date	May 9-12 and 23-26 and June 6-9, 2023				
Venue	Hotel Lucky Chinatown, Binondo, Manila				
Participants	A total of 77 participants from the 15 local government units				
	in NCR attended the workshop:				
	• City Nutrition Action Officer (CNAO) – 2				
	Assistant CNAO - 1				
	• Public health Nutritionist-Dietitian – 30				
	City Nutrition Action Officer (CNAO) – 2 Assistant CNAO - 1 Public health Nutritionist-Dietitian – 30 Local nutrition committee members: >> Planning Office – 18 >> Budget Office - 1 >> GAD Focal Person - 9				
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	• C/MSWDO - 13				
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	Gender:				
	Female – 63				
	Male – 14				

B. Resource Speakers/Facilitators

Position	Name	Agency
Team Leader	RNPC Milagros Elisa V. Federizo	
Team Member	NO III Emerenciana L. Francia DMO II Theresa A. Rivas DMO II Mary Anne P. Padilla PDO I Aubrie S. Verceles	NNC-NCR

C. Participants

Name	Designation	LGU
Batch 1		
1. Marites Fernando	Nutritionist-Dietitian II	
2. Christine Guamos	Nutritionist-Dietitian II	
3. Virginia Balatico	Project Development Officer IV	
4. Evaristo Soriano	Planning Officer III	Caloocan
5. Christy Love Fernandez	Social Welfare Officer	
6. Rosita C. Barra	ECCD Alternate/ Social Welfare Assistant	
7. Nancy G. Marin	Nutritionist-Dietitian II	
8. Elizabeth F. Provido	Nutritionist-Dietitian II	
9. Emelita M. dela Cruz	GAD Unit Head	Valenzuela
10. Casandra Alexis M. Macay	Nutritionist-Dietitian II - CSWDO	
11. Sarah Mae T. Francisco	Administrative Aide V - CPDO	
12. Teresa A. Delos Reyes	Nutrition Officer IV	
13. Marie Tess C. Belo	Nutritionist-Dietitian III	
14. Dhoreen M. Bisnar	Social Welfare Officer II	
15. Susan S. Gasilao	Budget Officer IV	Mandaluyong
16. Rachel T. Maravilla	Administrative Assist I - CPDO	
17. Engr. Vermelita B. Simbulan	Assistant Department Head for Cluster II - CPDO	
18. Jenily V. Capalaran	City Nutrition Action Officer	
19. Robert Jones B. Quebec	Nutritionist-Dietitian II	
20. Marie Grace C. Nerona	Project Development Officer II	Pasig
21. Editha R. Estanislao	Day Care Worker II	
22. Arven L. Bueno	CENRO Staff	
23. Bernadette O. Mendez	Nutrition Officer IV	
24. Jenny Q. Arteta	Nutritionist-Dietitian II	
25. Bryan Rae A. Dulatre	Project Development Officer II	Las Piñas
26. Charles Lyndon B. Dulos	Economic Researcher/ GAD Focal Person	
27. Jingkie T. Perez	Social Welfare Officer III	

Name	Designation	LGU
Batch 2		
28. Liza N. Cruz	Nutritionist-Dietitian II	
29. Rizalina M. Sebastian	Nutritionist-Dietitian II	
30. Rodelio D. Pantaleon	Manpower Development Officer II/ Planning Officer	Marikina
31. Johanna Joy S. Seidel	Manpower Development Officer I/ GAD Focal Person	
32. Joycee Vel J. Alonzo	Child Development Teacher	
33. Anna Lissa J. Santos	Planning Officer II	
34. Jennifer B. Severino	GAD Focal Person	
35. Marizz Anne T. Macavinta	Nutritionist-Dietitian II	San Juan
36. Anthony V. Benabese	Nutritionist-Dietitian II	
37. Edeline B. Romero	Administrative Aide I - CSWDO	
38. Ronald Allan P. Dela Cruz	Planning Officer	
39. Evelyn N. Marquez	Social Welfare Officer III	
40. Mary Rose M. Martinez	Nutritionist-Dietitian	Pasay
41. Deborah B. Tan	Nutrition Officer I	
42. Elizabeth A. Angat	Nutrition Officer III	
43. Marilou L. Apin	Social Welfare Officer	
44. Mercy R. Narag-Bunnao, MD	Assistant CNAO	
45. April P. Fabiala	Nutrition Officer II	Parañaque
46. Abelyn F. Chua-Bugayong	Nutrition Officer IV	
47. Antonette V. Canale	Administrative Assistant I - CPDO	
48. Joann O. Espiritu	Nutritionist-Dietitian II	
49. Eunice Ann A. Paglingayen	GAD Secretariat	
50. Jaquelyn C. Macaraeg	Nutritionist-Dietitian	Taguig
51. Aivan Ray D.C. Argel	Planning Secretariat	
52. Ross Junior S. Calma	Planning Officer II	

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Name	Designation	LGU
Batch 3		
53. Fidel Baltazar P. Dela Cruz	Nutritionist-Dietitian	
54. Edna R. Divina	Nutritionist-Dietitian	
55. Mark Mathew V. Operiano	Officer-in-Charge – GAD Office	Malabon
56. Maria Beth Saida R. Manlapaz	Planning Officer	
57. Ma. Shella S. Cabrera	City Planning and Development Coordinator	
58. Dr. Liberty C. Domingo	GAD Focal Person	
59. Renee I. Dela Rosa	Nutritionist-Dietitian	
60. Leilani Cabaña Tugadi	Nutritionist-Dietitian	Navotas
61. Mia Sarah S. Gambaloza	Administrative Assistant - CPDO	
62. Jennifer V. Serrano	Head - CSWDO	
63. Meizl Joy E. Sincuya	Nutritionist-Dietitian	
64. Marie Angeline L. Panaga	Clerk, MPDO	
65. Emily C. Mahilom	DRRM-H Assistant Manager	Pateros
66. Marlyn A. Palermo	OIC - MSWDO	
67. Margie Agnes G. Bade	MNCHN Coordinator	
68. Soccoro Alma F. Gammad	City Nutrition Action Officer	
69. Elnath M. de Leon	Nutritionist-Dietitian	
70. Daniel D. Lanuza, Jr.	Nutritionist-Dietitian	Makati
71. Jocelyn M. Antido	Project Evaluation Officer, UDD	
72. Aillen S. Capuz	CDSS Staff-in-Charge - MSWD	
73. Maria Ana C. Ordenes	Nutritionist-Dietitian	
74. Lea Faith M. Macabulos	Nutritionist-Dietitian	
75. Florence Gale M. Alano	Nutritionist-Dietitian	Muntinlupa
76. Reggie V. Salonga	Acting Head, GAD Office	1
77. Pamela Gianne A. De Guia	Planning Officer	1

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Batch 1 participants



Batch 2 participants



Batch 3 participants

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D. Sessions conducted and issues/comments raised

1. Pre-workshop meeting with LGUs re: LNAP Planning Workshop

A pre-workshop meeting was conducted with the nutrition secretariat of the 15 LGUs to discuss preparations and documents needed for the workshop. They were reminded to accomplish the following worksheets and prepare their draft nutrition situation:

- Worksheet 1. Integrating nutrition in local development plans and budgets
- Worksheet 2. Problem tree analysis
- Worksheet 6. LGU projects and activities for the First 1000 Days
- Selected indicators of services and care during the First 1000 Days
- List of programs and projects with sectors and fiscal responsibility

The participants were also reminded to bring necessary documents to the workshop. A google drive was also created by NNC-NCR as repository of all documents to be used: https://bit.ly/LNAPWShop2023.



Participants of the pre-workshop meeting.

The workshop was facilitated by the National Nutrition Council – NCR led by RNPC Milagros Elisa V. Federizo and assisted by NO III Emerenciana L. Francia and DMO II Theresa A. Rivas. DMO II Mary Anne P. Padilla and PDO I Aubrie S. Verceles also joined the second and third batch, respectively.

The welcome and opening remarks was delivered by RNPC Federizo. In her message, she emphasized the importance of timely formulation of LNAPs since the LGUs are the key implementers of the Philippine Plan of Action for Nutrition.

"The implementation of nutrition programs is dependent on how the LGUs plan and conduct their programs," RNPC Federizo said. She added, "Ang aksyon ay nasa baba kaya magsama-sama tayong magplano at pag-usapan ang nutrisyon."

The overview and mechanics of the workshop were presented before the technical session.

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Technical Sessions

Session 1: Why Invest in Nutrition

Participants were divided into five (5) groups and were given one (1) question to answer. Each group were given 15 minutes to discuss their answers followed by a plenary presentation. Questions are as follows:

- 1. What happens to a country and its development when it neglects nutrition? What happened/will happen to your city when the local government neglects nutrition?
- 2. Can a specific sector (e.g. health, education, agriculture, social welfare) develop and deliver its sector outcome without taking care of the nutritional state of children and women? Why or why not?
- 3. Explain the concept of the first 1000 days. Why is it a critical window for intervention to prevent stunting and other forms of malnutrition in your local government unit (LGU) and in the country?
- 4. What specific interventions are needed for specific phases in the first 1000 days to effectively prevent stunting in your city?
 - Pregnancy 270 days
 - Younger stage of infancy 180 days
 - Older stage of infant and toddlerhood 550 days
- 5. Nutrition challenges are still present in the region and country. In your opinion, how can we scale up nutrition actions to improve nutrition situation in your city, region, and country? What specific actions must be done?

RNPC Federizo presented the nutrition challenges in the region and emphasized the need to invest in nutrition afterwards.



Participants reporting their answers (left) and RNPC Mila Federizo (right) presenting the session topic on "Why Invest in Nutrition".

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Session 2: Guidelines on Local Nutrition Planning

DMO II Rivas started the discussion by presenting the summary of changes and improvements of the updated guidelines from the 2014 version. She discussed the contents and components that should be included in the LNAP.

Session 3: Review of existing local plans

In this session, NO III Francia reminded the participants that the Comprehensive Development Plan (CDP) must be aligned with the Philippine Development Plan (PDP). She also informed the group that there are NGA-mandated Plans, but the LNAP is listed under "Other Sectoral/Thematic Plans".

After the discussion, participants were tasked to analyze and assess the adequacy of integration of nutrition if strong, weak, or absent in their respective CDPs. They also provided suggestions for strengthening the integration of nutrition in all parts of the CDP.

Session 4: Formulating the nutrition situation analysis

In this session, DMO II Rivas reminded the group on the importance of doing a nutrition situation assessment starting by answering the eight (8) important questions:

- 1. What forms of malnutrition exist?
- 2. How many are malnourished?
- 3. Who are the malnourished?
- 4. Where are the malnourished?
- 5. What are the causes of malnutrition?
- 6. What have been done to address malnutrition? How effective have these been?
- 7. What resources are available?
- 8. What constraints have affected or could affect the implementation of nutrition interventions?



Guided by the UNICEF Conceptual Framework of the Determinants of Nutritional Status, participants presented their answers to the eight (8) guide questions and problem tree. All LGUs presented their outputs. RNPC Federizo, NO III Francia and DMO II Rivas also provided inputs and recommendations on how to improve the nutrition situation presented by the LGUs.

Session 5: Inclusion of nutrition in the priority development challenge

Using the manual on "Ensuring Nutrition Priorities in Local Development Plans and Budgets: A Thematic Guide and companion document to the CDP Illustrative Guide provided by NNC, NO III Francia discussed with the group ways on how to integrate nutrition in local development plans and budgets. As part of the workshop, participants were tasked to draft statements on the development challenge in nutrition for integration in their city/municipality's priority development challenges in their updated CDP.



Session 6.1: Setting of LNC's Vision, Mission, and Outcome Targets

In this session, DMO II Rivas gave a brief lecture on setting vision and mission statements and encouraged the participants to revisit their vision and mission statements during program implementation review and assess progress. She also presented the PPAN 2023-2028 targets and indicators for undernutrition, overnutrition, micronutrient deficiencies, IYCF practices and food insecurity. An excel-based tool was shared with the LGUs that automatically estimate the city/municipality's 2025 outcome targets. Participants were given time to compute for the outcome targets using the data available in their LGUs.

Session 6.2: Defining programs and projects to achieve outcome targets

RNPC Federizo oriented the participants on the Philippine Plan of Action for Nutrition (PPAN) 2023-2028. She presented the results framework, goals and targets, strategic thrusts and interventions with focus on increasing availability of and accessibility to healthy and safe food, increasing consumption of healthy diet and improving health and nutrition supportive environment. She also said that unlike with previous PPANs, the PPAN 2023-2028 follows the life stage approach and the



structure of coordinating mechanisms established in previous PPAN implementation that provides for multisectoral coordination, and horizontal and vertical coordination at various levels. Lastly, the monitoring and evaluation strategies of the PPAN were discussed.

Session 6.3: Developing project briefs/activity design, proposal for integration in the NGA-mandated and other sectoral/thematic plans

NO III Francia reminded the participants that one of the major activities under the preparation of annual investment program (AIP) is the preparation of project brief for each program, project, and activities (PPA). She discussed the essential contests of the project brief or proposal. Project briefs are annexed to the Local Nutrition Action Plan and contain the specific details of PPAs to be included in the AIP.

Session 7. Putting together the 2023-2025 Local Nutrition Action Plan

DMO II Rivas briefly presented the draft LNAP template that the participants can use as reference. They were given time to work on and complete their draft LNAPs.

All LGUs were able to present their draft LNAPs 2023-2025 on the last day of the workshop.



Participants drafting their LNAPs 2023-2025.



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Session 8: Re-entry Plan

Each LGU was tasked to accomplish a re-entry plan to include activities to be done to finalize and present their LNAP for approval of the local nutrition committee. Aside from the activities to finalize their LNAP, the participants also planned specific activities that will result to the integration of nutrition in CDP sections especially those LGUs who are in process of updating their CDPs. They also planned for activities to mobilize the barangay nutrition committees for the integration of nutrition in barangay plans and budgets, and full program implementation and monitoring of BNAP at the barangay level.

Session 9. Agreements, next steps and closing program

DMO II Rivas presented the agreements and next steps which are as follows:

- a. NNC-NCR to follow-up LGUs on the status of activities based on the dates indicated in their re-entry plan;
- b. LGUs to submit revised and complete LNAP 2023-2025 (including project briefs) with signed LNC resolution adopting the LNAP on or before July 31, 2023;
- c. Integration of approved LNAP 2023-2025 to CDP and AIP based on deadlines set by the LDC;

- d. LGUs to ensure formulation of BNAP and integration of nutrition in barangay plans and budgets; mobilization of barangays to ensure full implementation and monitoring of BNAP; and
- e. NNC-NCR to invite LGUs in the launching of RPAN 2023-2028 and LNAPs 2023-2025 of the 17 LGUs in August 2023.

All outputs were uploaded in the google drive created by NNC-NCR: <u>https://bit.ly/LNAPWShop2023</u>.

DMO II Rivas presented the synthesis and moderated the closing program. All participants who completed the workshop were given Certificates. Lastly, RNPC Federizo delivered the closing message.

V. Evaluation

The participants rated the preparatory activities as 'Outstanding'. The invitation was provided on time and participants were given enough information on administrative matters of the activity.

The workshop proper was rated as 'Outstanding'. The objectives of the workshop were clearly defined and met, topics covered were relevant and useful, workshop methodologies used were appropriate, the schedule of the workshop provided sufficient time for interactive participation and covered all the proposed topics and lastly, resource materials were available, adequate, and appropriate.

All the resource speakers were rated as 'Outstanding' by majority of the participants. They were prepared and knowledgeable on the topic presented. They were able to sustain the interest of the participants. They were able to address the questions/issues correctly and appropriately and were able to utilize variety of resource materials.

Majority of the participants rated all aspect of venue as "Outstanding": function room, food, accommodation, and equipment and facilities. The staff also provided quality service and were responsive to the needs of the clients.

The overall conduct of the workshop was rated as "Outstanding" by 70% of the participants while the 30% gave a rating of "Very Satisfactory".

Other suggestions/recommendations to improve future planning workshop:

- Need more days for the workhop; additional day specially in formulating the 3-year LNAP; more time doing the LNAP 2023-2025 (5)
- Recommend having more workshops and trainings for the continuity of knowledge and not to forget.
- Parking space for car vehicles (for the venue only).
- Invite at least five (5) CNC members aside from NDs (like DepEd).
- Just continue to motivate the level of "happiness rate" of participants as it always attracts positive vibes and enthusiasm in doing the workshop. "God bless you always, many thanks."

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- Please consider at least one (1) vegetarian meal in the menu.
- We suggest that the organizer should try to shorten the period of the workshop within the day for the participants to be productive and responsive. Excessive hours in doing the workshop make the participants bored and irritable.
- Thank you for assisting the LGUs. Please don't get tired and irritated. We are *makulit* and *paulit-ulit* because we're getting old and forgetful.
- The Parañaque team was able to perform the expected output based on the technical assistance of the Regional Nutrition Program Coordinator and the staff. Congratulations! More power!
- Thank you at nakasama ako sa 4-day workshop. Looking forward for more collaborative training/workshop. More power to your group. God bless.
- Monitor the LGU if the team has already done the assigned homework so that it will not be the cause of time wasted.
- Well done. Was very glad about the simplified and helpful forms or worksheets.
- Maintain/Sustain strategies that you apply for this workshop. No feeling of pressure in accomplishing the template and workshop.
- More workshops and trainings.
- Maybe in the next planning workshop, NNC should encourage all LGU to conduct their own local planning to come up with their own LNAP. So, what they will do is just present and critiquing and there will be more technical output.
- If possible, please provide even tablets (if not laptops) for use of the participants. Also, please remember that not all participants have a background in nutrition, especially in planning nutrition plans and may have a hard time understanding acronyms and other technical terms pertaining to nutrition planning and budgeting.
- Although planning is really tedious, can the time frame be shortened; shorten the program plan (2).
- Happy to be part of the workshop. Job well done po. Kahit 4 lang kayo to facilitate, you all did very well! God bless po!
- Sharing of outputs as reference; process documentation of workshop and inputs from NNC-NCR.
- All handouts and guidelines for the workshop are well provided. *Sana kasabay po ulit namin ang* Muntinlupa at Makati.
- Choice of food menu can be improved more. Minor medical care assistance needs improvement and hotel response was not responsive unless the guest will follow it up. Suggestion to let the guest feel safe and secured while waiting for assistance (in all forms)
- My first time attending the training by the NNC and it is truly commendable on how NNC conducted the training.
- There should be an integrated tool to be used in monitoring the LNAP. Suggestion to use the M & E tool specially the annual outcome monitoring report for easy tracking of PPAs.

Prepared by:

Theresa A. Rivas Development Management Officer II Reviewed and Submitted by:



Milagros Elisa V. Federizo Regional Nutrition Program Coordinator Attachments

- I. Terms of Reference
- II. Program of Activities
- III. Activity Evaluation
- IV. Certificate Template

Republic of the Philippines Department of Health NATIONAL NUTRITION COUNCIL National Capital Region

ACTIVITY DESIGN

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025 for Metro Manila LGUs May 9-12 and 23-26 and June 6-9, 2023 Hotel Lucky Chinatown, Binondo, Manila

I. Introduction

Based on national nutrition surveys, the nutrition situation of the Philippines can be described to be experiencing the triple burden of malnutrition. In NCR, other nutrition challenges such as maternal malnutrition, hunger and food insecurity and poor infant and young child feeding also exist.

Executive Order No. 138 or *The Full Devolution of Certain Functions of the Executive Branch to Local Government Units (LGUs), Creation of a Committee on Devolution and for Other Purposes* strengthened the implementation of the Local Government Code as it called on all national government agencies (NGAs) to fully devolve all functions related to providing basic services. It strengthened the LGUs' primary responsibility for planning, financing, and implementing nutrition and other basic services.

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The LGU local nutrition action plan (LNAP) is a multisectoral plan that integrates nutrition actions from members of local nutrition committees (LNC). The NNC through its regional offices (ROs) provide technical assistance to the LGUs in preparing local nutrition action plans.

In 2022, NNC-NCR assisted the cities of Manila and Quezon City in the formulation of their LNAP 2023-2025. For this year, the regional office will conduct three (3) batches of the planning workshop to assist the remaining 15 LGUs in the formulation of their LNAPs.

II. Objectives

The NNC-NCR will conduct the planning workshop to:

1. Define processes and tools that will facilitate the formulation of a three-year city and municipal nutrition action plan harmonized with local development planning and budgeting; and

2. Guide local nutrition committees in formulating a nutrition action plan that would strategically address the existing nutritional problems in their locality.

III. Expected Output

- 1. Conduct of the planning workshop.
- 2. Comprehensive draft LNAP 2023-2025 of the 15 LGUs.
- 3. Documentation report.

IV. Venue and Participants

Th planning workshop will be conducted in three (3) batches with five (5) LGUs per batch and five (5) participants per LGU:

Date	LGU
May 9-12, 2023	Caloocan, Pasig, Las Piñas, Mandaluyong, Valenzuela
May 23-26, 2023	Pasay, Marikina, Parañaque, San Juan, Taguig
June 6-9, 2023	Pateros, Malabon, Makati, Muntinlupa, Navotas

The participants are encouraged to organize the local planning core group with technical staff from the following:

- 1. Nutrition
 - a. Focal Nutritionist-Dietitian (ND) or CNPC
 - b. Focal ND on the First 1000 Days or Nutrition in Emergencies
- 2. CNC members, preferably:
 - a. Planning Officer
 - b. GAD Focal Person
 - c. Head of the City/Municipal Social Welfare and Development Office or Agriculture Office

The workshop will be facilitated by NNC-NCR Official (1) and two (2) technical staff.

V. Mechanics

- 1. *Pre-workshop activity.* The NNC-NCR will send a letter to all LGUs inviting five (5) members of their local nutrition committee and nutrition secretariat. A pre-workshop meeting with the nutrition secretariat will be called to discuss preparations prior to the planning workshop.
 - a. Formulation of nutrition situation analysis.
 - Worksheet 2. Problem tree analysis
 - Worksheet 6. LGU projects and activities for the First 1000 Days
 - Selected indicators of services and care during the First 1000 Days
 - b. Accomplishment of workshop template on integrating nutrition in local development plans and budgets (Worksheet 1).
 - c. Drafting of list of programs and projects with sectors and fiscal responsibility

LGUs will also be reminded to bring necessary documents. NNC-NCR will create a google drive as repository of all documents to be used.

2. *Workshop Proper*. The NNC-NCR will send a letter of invitation to all LGUs inviting five (5) representatives per LGU.

All attendees will be asked to accomplish the attendance, activity evaluation and reentry plan after the event in exchange for the Certificate of Attendance. Advisory will also be emailed to all participants prior to the workshop.

Attached is the program of activities for the 4-day workshop.

VI. Timelines

The following key activities must be accomplished by the assigned staff based on target deadlines to ensure the success of the activity:

Activity	In-Charge	Target date
1. Drafting, finalization, and dissemination of	DMO II TARivas	April 24
the concept note		
2. Drafting, finalization and posting of purchase request for board and lodging and supplies and materials	AA VI Parian	April 24
3. Drafting, finalization, and dissemination of invitation letter to LGUs	DMO II TARivas	April 24
4. Technical staff meeting re: workshop preparation	DMO II TARivas	April 26
5. Pre-workshop meeting with LGUs	DMO II TARivas	April 27
6. Preparation and finalization of technical requirements such as program PowerPoint, attendance and evaluation and Certificate of Attendance	DMO II TARivas	April 28
7. Preparation and sending of advisory re: administrative concerns	DMO II TARivas	May 2
8. Procurement of supplies and materials	AA I JCYMeneses	May 2
9. Technical dry run with the key roles in the program	All technical staff	May 8
10. Posting of web article for the activity	DMO II TARivas	May 17
11. Preparation and finalization of documentation report*	DMO II TARivas	July 7

* upon completion of the three (3) batches

VII. Budgetary Requirements

Particulars	Amount (in Php)
1. Board and lodging @ P2,200/pax x 28 pax per batch	739,200.00
x 4 days x 3 batches	
2. Supplies and materials	24,800.00
Total	764,000.00

Expenses for these activities will be charged against the LGU Mobilization Fund subject to the usual accounting rules and regulations.

Prepared by:

Theresa A. Rivas Development Management Officer II Reviewed and submitted by:

Milagros Elisa V. Federizo Nutrition Program Coordinator

NATIONAL NUTRITION COUNCIL-NATIONAL CAPITAL REGION

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025

May 9-12, 2023 | May 23-26, 2023 | June 6-9, 2023 Hotel Lucky Chinatown, Binondo, Manila

Program of Activities

Time	Topic/s	Requirements	Responsible
Day 1 (Tues		-	
8:00 AM	Registration/Breakfast	Attendance and	NNC-NCR
		workshop kits	
9:00	Preliminaries		DMO II Thesa Rivas
	Opening Prayer, National		
	Anthem and NNC Hymn		
	Acknowledgement of Destricipents		
	of Participants		RNPC Mila Federizo
	 Welcome and Opening Remarks 		
9:30	Session 0: Overview of the	PPT on Session 0	NO III Meren Francia
	Workshop		
9:45	Session 1. Why Invest in Nutrition	PPT on Session 1	RNPC Mila Federizo
		Group discussion	
11:00	Session 2. Guidelines on Local	PPT on Session 2	DMO II Thesa Rivas
	Nutrition Planning		
12:00 NN	Lunch		
1:00	Energizer		
1:10	Session 3: Review of existing local plans	PPT on Session 3	NO III Meren Francia
		Worksheet 1.	
	Workshop 1 and presentation of	Analysis of adequacy	
	outputs	of integrating	
		nutrition in current	
		plans and budgets of	
		cities and	
2:30	Session 4. Formulating the nutrition	municipalities PPT on Session 4	DMO II Thesa Rivas
2.50	situation analysis	PPT OIL Session 4	DIVIO II TITESA RIVAS
		Worksheet 2.	
	Workshop 2 and presentation of	Problem tree analysis	
	Draft Nutrition Situation (2 groups)	of the nutrition	
		situation	
5:00	Check-in		
6:00	Dinner		

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025 May 9-12, 2023 | May 23-26, 2023 | June 6-9, 2023 Hotel Lucky Chinatown, Binondo, Manila

Time	Topic/s	Requirements	Responsible
Day 2 (Wed			
8:00 AM	Daily Prayer and Physical Activity		NO III Meren Francia
	Recapitulation		
8:30	Cont of Session 4. Formulating the		DMO II Thesa Rivas
	nutrition situation analysis		
	Presentation of Draft Nutrition		
	Situation (3 groups)		
10:00	Session 5: Inclusion of nutrition in	PPT on Session 5	NO III Meren Francia
	the priority development challenge		
		Worksheet 1.	
	Workshop 3 and presentation	Integration	
	(2 groups)	of nutrition in the Priority Development	
		Challenges section of	
		CDP	
12:00	LUNCH		
1:00 PM	Energizer		
	Session 6. Crafting the PPAN-based		DMO II Thesa Rivas
	program at the LGU level		Divio il mesa nivas
1:10	Sub-session 6.1: Setting of LNC's	PPT on Session 6.1 :	
	Vision, Mission, and Outcome		
	Targets	Worksheet 4. Setting	
		outcome targets	
	Workshop 4 and presentation		
3:30	Sub-session 6.2: Defining	PPT on Session 6.2	RNPC Mila Federizo
	programs and projects to achieve outcome targets	List of nutrition	
		programs based on	
		the PPAN 2023-2028	
		Attachment 5.3.3.	
		Strategies for	
		tweaking (nutrition	
		sensitive)	
4:15	Sub-session 6.3:	PPT on: Session 6.3	NO III Meren Francia
	Developing project briefs/activity	Sampla project briefe	
	design, proposal for integration in the NGA-mandated and other	Sample project briefs	
	sectoral/thematic plans		
6:00	Dinner and Fellowship		

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025 May 9-12, 2023 | May 23-26, 2023 | June 6-9, 2023 Hotel Lucky Chinatown, Binondo, Manila

Time	Topic/s	Requirements	Responsible
Day 3 (Thur	sday)	• •	
8:00 AM	Daily Prayer and Physical Activity Recapitulation		DMO II Thesa Rivas
8:30	Session 7. Putting together the 2023-2025 Local Nutrition Action Plan Sample City/Municipal Nutrition Committee Resolution	MS Word-based LNAP template for city/municipality Output from previous workshop sessions	DMO II Thesa Rivas
9:15	Workshop 5 LNAP for LGU and completing the situation analysis and PPAs, review of institutional arrangements and M&E, and drafting of results matrix	Worksheet 5. PPAN implementation plan matrix Worksheet 6. Projects for the First 1000 Days Worksheet 7. Resource mobilization strategy for possibly unfunded PPAN-based projects/activities	Facilitators
12:00 NN	Lunch		
1:00 PM	Cont of Workshop 5		
4:00	Session 8. Re-entry plan	Worksheet 8. Re- entry planning	NO III Meren Francia
6:00	Dinner		
Day 4 (Frida	ay)		
8:00 AM	Daily Prayer and Physical Activity Recapitulation		NO III Meren Francia
8:30	Presentation of the Draft LNAP 2023-2025 (3 LGUs)		Facilitators
12:00 NN	Lunch		
1:00 PM	Energizer		
1:10	Presentation of Draft LNAP 2023- 2025 (2 LGUs)		Facilitators
3:10	Presentation of re-entry plan (2 LGUs)		
4:00	Session 9. Agreements, next steps and closing program	PPT on Session 9	DMO II Thesa Rivas

Republic of the Philippines Department of Health NATIONAL NUTRITION COUNCIL – NATIONAL CAPITAL REGION

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025 May 9-12, 2023 * Hotel Lucky China Town, Binondo, Manila

SUMMARY OF ACTIVITY EVALUATION

Total Respondent: 25

Category					R	ating				
	Outs	standing	1	/ery sfactory	Sati	sfactory	Unsati	sfactory	P	oor
	No.	%	No.	%	No.	%	No.	%	No.	%
I. Preparation for the workshop							1			
 The invitation was provided on time. 	17	68.00	5	20.00	3	12.00	0	0	0	0
 I was given enough information on administrative matters pertaining to the workshop 	16	64.00	7	28.00	2	8.00	0	0	0	0
II. During the workshop									-	
A. Content and delivery		L					1			
 Objectives of the workshop were clearly defined and met. 	21	84.00	4	16.00	0	0	0	0	0	0
 The topics covered were relevant and useful. 	21	84.00	4	16.00	0	0	0	0	0	0
 The workshop methodologies used were appropriate. 	21	84.00	4	16.00	0	0	0	0	0	0
 There was sufficient opportunity for interactive participation. 	20	80.00	5	20.00	0	0	0	0	0	0
 The schedule for the workshop provided sufficient time to cover all the proposed activities. 	16	64.00	6	24.00	3	12.00	0	0	0	0
 The resource materials were available, adequate, and appropriate. 	18	72.00	7	28.00	0	0	0	0	0	0
B. Resource Person/s		le en								
RNPC Milagros Elisa V. Fede	rizo								1	
 She is well-prepared and knowledgeable on the topic/session. 	22	88.00	3	12.00	0	0	0	0	0	0
 She was able to draw and sustain interest of the participants. 	22	88.00	3	12.00	0	0	0	0	0	0

	Category		Rating									
		Outs	standing	1	/ery sfactory	Sati	sfactory	Unsati	sfactory	P	oor	
		No.	%	No.	%	No.	%	No.	%	No.	%	
3.	She was able to address questions/ issues correctly and appropriately.	22	88.00	3	12.00	0	0	0	0	0	0	
4.	She was able to utilize variety of resource materials	21	84	4	16.00	0	0	0	0	0	0	
5.	Overall rating	22	88.00	3	12.00	0	0	0	0	0	0	
NO	III Emerenciana L. Franc	ia										
1.	She is well-prepared and knowledgeable on the topic/session.	22	88.00	3	12.00	0	0	0	0	0	0	
2.	She was able to draw and sustain interest of the participants.	22	88.00	3	12.00	0	0	0	0	0	0	
3.	She was able to address questions/ issues correctly and appropriately.	22	88.00	3	12.00	0	0	0	0	0	0	
4.	She was able to utilize variety of resource materials	21	84.00	4	16.00	0	0	0	0	0	0	
5.	Overall rating	22	88.00	3	12.00	0	0	0	0	0	0	
DM	IO II Theresa A. Rivas											
1.	She is well-prepared and knowledgeable on the topic/session.	22	88.00	3	12.00	0	0	0	0	0	0	
2.	She was able to draw and sustain interest of the participants.	22	88.00	3	12.00	0	0	0	0	0	0	
3.	She was able to address questions/ issues correctly and appropriately.	22	88.00	3	12.00	0	0	0	0	0	0	
4.	She was able to utilize variety of resource materials	21	84.00	4	16.00	0	0	0	0	0	0	
5.	Overall rating	22	88.00	3	12.00	0	0	0	0	0	0	
II. Venue												
	iction Room	17	68.00	6	24.00	2	8.00	0	0	0	0	
2. Foo		11	44.00	10	40.00	4	16.00	0	0	0	0	
	ommodation	10	40.00	9	36.00	6	24.00	0	0	0	0	
serv	e staff provided quality vice (responsive to the eds of the clients)	11	44.00	13	52.00	1	4.00	0	0	0	0	
5. Eau	ipment/facilities	11	44.00	12	48.00	2	8.00	0	0	0	0	

- IV. What are the major benefits you derived from the workshop?
 - Acquired knowledge on crafting situational analysis; I learned simple ways of doing workshop; I learned to navigate Google Drive. (I am not techy)
 - We are able to draft CNAP 2023-2025 and the knowledge how to apply and organize data
 - Learned the process of creating 3-year LNAP, different innovative programs and projects from different LGUs, Inputs of other technicalities in program implementation such as target settings
 - Thankful I was one of the participants, I've learned a lot regarding planning and other activities for nutrition program
 - First of all, me from the environment section, I actually don't have enough information on what this seminar is all about. But as time goes by from day 1 to day 4, it was very productive and informative. I really learned a lot.
 - The importance of having a CNAP and integrate it in CDP and other budgetary plans, very crucial in ensuring the implementation of nutrition programs and projects.
 - Congratulations NNC-NCR! Thank you for this workshop and for always assisting us. All the way for improvement as nutrition implementers.
 - There are more issues to integrate in the CDP preparations
 - Planning of programs
 - Having observed the resource persons and participants, there is an opportunity for me to improve my way of organizing and conducting workshops at the city level and in my area of responsibility.
 - Enhanced and sharpened my knowledge and skills that provide positive impact to the implementation of work
 - It helps participant build sense of cooperation and partnership
 - Formulation of LNAP; crafting a very comprehensive plan, new learnings, update, with the help and
 perseverance of the organization of NNC, the workshop was conducted smoothly and directions were easy
 to follow.
 - Familiarity to the subject
 - Being part of the core planning team that was equipped with technical knowledge and skills to function in government
 - Gained additional knowledge and information for nutrition planning that is needed in every cities
 - Making a comprehensive LNAP of the city and integrate it in the CDP
 - A good comprehensive plan to develop and strengthened team effort
 - More knowledge in integration of plans, programs, and activities; format or template of LNAP is very informative
 - Integration of 3-year LNAP to CDP must be clear
 - The need to incorporate the LNAP specifically the nutrition programs in the CDP
 - I like the strategy of the organizer in this workshop. Job well done! Thank you so much
- V. Overall, I consider this workshop to be (Check the box that corresponds to your answer)

Out	standing	Very Satisfactory		Satis	factory	Unsati	sfactory	Poor		
18	72.00	7	28.00	0	0	0	0	0	0	

VI. Suggestions/Recommendations to improve workshop

- Congratulations po! Keep up the good work. May God bless us always!
- Malamig po
- Need more days for the workshop
- Recommend to have more workshops and trainings for the continuity of knowledge and not to forget
- More time doing the LNAP 2023 2025. (3)
- Parking space for Car Vehicle (for the venue only)

- Invite to this workshop at least five CNC members aside from NDs (like DepEd)
- Just continue to motivate the level of "happiness rate" of participants as it always attracts positive vibes and enthusiasm in doing the workshop. "God bless you always, many thanks"
- Please consider at least one vegetarian meal in the menu
- N/A Alam na alam nyo na magpa-activity mga ma'ams
- No more! Everything is bravo and excellent
- We suggest that organizer should try to shorten the period of the workshop within the day for the participants to be productive and responsive. Excessive hours in doing workshop makes the participants bored and irritable
- Thank you for assisting LGUs. Please don't get tired and irritated. We are makulit and paulit-ulit because we're getting old and forgetful na. hehe

Prepared by:

Y. Meneses ninistrative Assistant I

Reviewed by:

Theresa A. Rivas

Development Management Officer II

Submitted by:

Milagros E Federizo **Regional Nutrition Program Coordinator**

Republic of the Philippines Department of Health NATIONAL NUTRITION COUNCIL – NATIONAL CAPITAL REGION

1.

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025 May 23-26, 2023 * Hotel Lucky China Town, Binondo, Manila

SUMMARY OF ACTIVITY EVALUATION

Total Respondent: 25

Category					R	ating				
	Outs	tanding		/ery sfactory	Satis	factory	Unsati	sfactory	Po	oor
	No.	%	No.	%	No.	%	No.	%	No.	%
I. Preparation for the workshop										
1. The invitation was	14	56.00	10	40.00	1	4.00	0	0	0	0
provided on time.										
 I was given enough information on administrative matters pertaining to the workshop 	12	48.00	10	40.00	3	12.00	0	0	0	0
II. During the workshop										
A. Content and delivery	<u> </u>	<u> </u>		I	4			L		
 Objectives of the workshop were clearly defined and met. 	16	64.00	8	32.00	1	4.00	0	0	0	0
 The topics covered were relevant and useful. 	16	64.00	8	32.00	1	4.00	0	0	0	0
 The workshop methodologies used were appropriate. 	15	60.00	9	36.00	1	4.00	0	0	0	0
4. There was sufficient opportunity for interactive participation.	15	60.00	9	36.00	1	4.00	0	0	0	0
 The schedule for the workshop provided sufficient time to cover all the proposed activities. 	13	50.00	10	40.00	2	8.00	0	0	0	0
 The resource materials were available, adequate, and appropriate. 	17	68.00	7	28.00	1	4.00	0	0	0	0
B. Resource Person/s										
RNPC Milagros Elisa V. Fed	erizo									
 She is well-prepared and knowledgeable on the topic/session. 	20	80.00	4	16.00	1	4.00	0	0	0	0
 She was able to draw and sustain interest of the participants. 	18	72.00	6	25.00	1	4.00	0	0	0	0

Category						R	ating				
		Outs	tanding	1	/ery sfactory	Satis	factory	Unsati	sfactory	Poor	
		No.	%	No.	%	No.	%	No.	%	No.	%
ado	e was able to dress questions/ ues correctly and propriately.	19	76.00	5	20.00	1	4.00	0	0	0	0
var	e was able to utilize iety of resource terials	18	72.00	6	24.00	1	4.00	0	0	0	0
5. Ov	erall rating	19	76.00	5	20.00	1	4.00	0	0	0	0
 NO III E	Emerenciana L. Franci	ia							-12-	4	
an	e is well-prepared d knowledgeable the topic/session.	19	76.00	5	20.00	1	4.00	0	0	0	0
an	e was able to draw d sustain interest of e participants.	19	76.00	5	20.00	1	4.00	0	0	0	0
ad	e was able to dress questions/ ues correctly and propriately.	19	76.00	4	16.00	2	8.00	0	0	0	0
va	e was able to utilize riety of resource aterials	19	76.00	5	20.00	1	4.00	0	0	0	0
 5. Ov	verall rating	19	76.00	5	20.00	1	4.00	0	0	0	0
 DMO II	Theresa A. Rivas			*							
an	e is well-prepared d knowledgeable the topic/session.	19	76.00	5	20.00	1	4.00	0	0	0	0
2. Sh an	e was able to draw d sustain interest of e participants.	20	80.00	4	16.00	1	4.00	0	0	0	0
3. Sh ad iss	e was able to dress questions/ sues correctly and propriately.	19	76.00	5	20.00	1	4.00	0	0	0	0
va	e was able to utilize riety of resource aterials	19	76.00	5	20.00	1	4.00	0	0	0	0
5. Ov	verall rating	19	76.00	5	20.00	1	4.00	0	0	0	0
 Venue											
 1. Functio	on Room	11	44.00	11	44.00	3	12.00	0	0	0	0
 2. Food		5	20.00	13	52.00	7	28.00	0	0	0	0
 3. Accom		8	32.00	15	60.00	2	8.00	0	0	0	0
service	Iff provided quality (responsive to the of the clients)	14	56.00	7	28.00	4	16.00	0	0	0	0
	nent/facilities	10	40.00	11	44.00	4	16.00	0	0	0	0

- IV. What are the major benefits you derived from the workshop?
 - I acquired knowledge on nutrition programs. *Madami palang programs na dapat at pwedeng ibaba sa mga batang hawak namin sa CDC na hindi masyadong naibibigay*.

1.6

- This workshop will greatly benefit me since it is GAD related; too many to write.
- We determined the absence of objectives, strategies, implementation plan and monitoring and evaluation in the current CDP which we need to include in the next revisiting of CDP. I have learned a lot of PPAs related to nutrition and their importance in decreasing or eliminating malnutrition to make a better future.
- Learned more on nutrition programming and how to plan and implement them. Also, I've learned more on the effects on the community of proper nutrition plans and programs.
- Outcome targets computation and formulation of comprehensive LNAP; strategies on implementation of nutrition program.
- More clearer and additional knowledge on integrity, where to, how to integrate budget of LNAP as well as a clearer knowledge on appropriate CNAP, situational analysis and implementation plan.
- Updated the knowledge in developing CNAP and other nutrition intervention. I was able to get some ideas on strategies based on the practices of other LGUs.
- Hearing other LGUs CDP we may enhance and improve PDAs also we appreciate the facilities for a job well done for having a well-organized session
- Deeper understanding on how to formulate a load nutrition action plan
- Oriented about NNC since this is my first time to attend a nutrition activity. I have never attended a planning workshop facilitated by NNC before since I am not from CHO. I am from Social Welfare Office, but I am thankful for the opportunity since our Supplemental Feeding Program is one of the nutrition specific programs of the PPAN.
- I learned a lot about how the LGUs prepare nutrition plans and its uses for our constituents. I realized how important nutrition is for the First 1000 days of a person and how technical planning is for the nutrition office/department.
- Learned a lot in doing LNAP. Hope it will be approved and be included in the AIP.
- Very good learning experience for me
- I've learned that all projects concerning nutrition should be incorporated with CDP
- Improvement of CNAP / LNAP
- Enlightened more on the importance why all respective sector must collaborate, integrate programs, activities and budget to deliver effective services for NAR and 6-23 months old malnourished children. F1K days "Prevention is better than cure"

S

V. Overall, I consider this workshop to be:

Out	standing	Very Satisfactory		Sat	isfactory	Unsa	tisfactory	Poor		
14	56.00	11	44.00	0 0		0 0		0 0		

- VI. Suggestions/Recommendations to improve workshop
 - The Parañaque team was able to perform the expected output based on the technical assistance of the Regional Nutrition Program Coordinator and the staff. Congratulations! More power!
 - Thank you at nakasama ako sa 4-day workshop. Looking forward for more collaborative training/workshop. More power to your group. God bless.
 - Monitor the LGU if the team has already done the assigned homework so that it will not be the cause of time
 wasted.
 - Well done. Was very glad with the simplified and helpful forms or worksheets!
 - Maintain/Sustain strategies that you apply for this workshop. No feeling of pressure in accomplishing the template and workshop.
 - More workshops and trainings.

- Maybe in the next planning workshop, NNC should encourage all LGU to conduct their own local planning to come up with their own LNAP. So, what they will do is just present and critiquing and there will be more technical output.
- If possible, please provide even tablets (if not laptops) for use of the participants. Also, please remember that not all participants have a background in nutrition, especially in planning of nutrition plans and may have a hard time to understand acronyms and other technical terms pertaining to nutrition planning and budgeting.
- Although planning is really tedious, can the time frame be shortened
- Happy to be part of the workshop. Job well done po. Kahit 4 lang kayo to facilitate, you all did very well! God bless po!
- Shorten the program plan

Prepared by:

John Carlo Y. Meneses Administrative Assistant I

Reviewed by:

There sa A. Rivas

Development Management Officer II

Submitted by:

Milagros E Federizo Regional Nutrition Program Coordinator

4

Republic of the Philippines Department of Health NATIONAL NUTRITION COUNCIL – NATIONAL CAPITAL REGION

1.5

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025 June 6-9, 2023 * Hotel Lucky China Town, Binondo, Manila

SUMMARY OF ACTIVITY EVALUATION

Total Respondent: 25

Category						Ra	ating				
		Outs	tanding		/ery sfactory	Satis	factory	Unsati	sfactory	Poor	
		No.	%	No.	%	No.	%	No.	%	No.	%
I. Prepar	ation for the workshop										
	invitation was vided on time.	19	76.00	6	24.00	0	0	0	0	0	0
info adn per	as given enough ormation on ninistrative matters taining to the rkshop	20	80.00	3	12.00	2	8.00	0	0	0	0
	the workshop										
A. Cor	ntent and delivery										
1.	Objectives of the workshop were clearly defined and met.	22	88.00	2	8.00	1	4.00	0	0	0	0
2.	The topics covered were relevant and useful.	22	88.00	3	12.00	0	0	0	0	0	0
3.	The workshop methodologies used were appropriate.	21	84.00	4	16.00	0	0	0	0	0	0
4.	There was sufficient opportunity for interactive participation.	21	84.00	4	16.00	0	0	0	0	0	0
5.	The schedule for the workshop provided sufficient time to cover all the proposed activities.	20	80.00	5	20.00	0	0	0	0	0	0
6.	The resource materials were available, adequate, and appropriate.	20	80.00	5	20.00	0	0	0	0	0	0
B. Res	ource Person/s					h managana an					
RNI	PC Milagros Elisa V. Fede	rizo									
1.	She is well-prepared and knowledgeable on the topic/session.	23	92.00	2	8.00	0	0	0	0	0	0
	She was able to draw and sustain interest of the participants.	23	92.00	2	8.00	0	0	0	0	0	0

	Rating										
		Outs	tanding		Very Satisfactory		Satisfactory		Unsatisfactory		oor
		No.	%	No.	%	No.	%	No.	%	No.	%
3.	She was able to address questions/ issues correctly and appropriately.	23	92.00	2	8.00	0	0	0	0	0	0
4.	She was able to utilize variety of resource materials	22	88.00	3	12.00	0	0	0	0	0	0
5.	Overall rating	23	92.00	2	8.00	0	0	0	0	0	0
DI	MO II Theresa A. Rivas								-12.		
1.	and knowledgeable on the topic/session.	22	88.00	2	8.00	1	4.00	0	0	0	0
2.	She was able to draw and sustain interest of the participants.	22	88.00	3	12.00	0	0	0	0	0	0
3.	She was able to address questions/ issues correctly and appropriately.	22	88.00	3	12.00	0	0	0	0	0	0
4	 She was able to utilize variety of resource materials 	22	88.00	3	12.00	0	0	0	0	0	0
5	0	22	88.00	3	12.00	0	0	0	0	0	0
III. Venu				*							
	Inction Room	21	84.00	4	16.00	0	0	0	0	0	0
2. Fo		15	60.00	5	20.00	5	20.00	0	0	0	0
	commodation	20	80.00	5	20.00			0	0	0	0
se ne	ne staff provided quality prvice (responsive to the peds of the clients)	20	80.00	3	12.00	2	8.00	0	0	0	0
5. Eq	uipment/facilities	18	72.00	7	28.00	0	0	0	0	0	0

IV. What are the major benefits you derived from the workshop?

- I have learned about the alignment of various plans related to nutrition. It also dawned on me that nutrition is an issue that should be prioritized in the region.
- To ensure that nutrition programs are included in AIP 2024 and have enough funds.
- Inaayos yung learning about making LNAP
- Gained more knowledge in planning.
- The skills in planning; the sharing of practices of cities or municipalities, and technical inputs from NNC-NCR.
- Planning of LNAP; new template for 3-year LNAP implementation is easy to use.
- The actual workshop gave opportunity to participants to experience the whole process of formulation of the plan.
- As a planning officer, it helped me to advocate and instill the importance of integrating the LNAP to the city plans.
- Formulated the draft LNAP 2023-2035. New learnings and provided opportunity to advocate nutrition program.

- Analyzing the nutritional problems and how to address the challenges through implementation of various programs. Inclusion of the other sector or stakeholder's participation and contribution in the nutrition plan. Ensuring that everyone worked for the benefit of children. Intensification of nutrition programs in the city.
- This workshop has given me another perspective on the planning guidelines in crafting plan for nutrition programs. I gained on insight on competence of planning for nutrition aspect of the city level.
- Ensure that nutrition is represented in the CDP planning team and relevant LGU structures and planning processes.
- Orientation on the new PPAN, new format and forms to use in LNAP, and computation of outcome targets.
- Improvement on the formulation of local nutrition action plan.

V. Overall, I consider this workshop to be:

Outs	utstanding Very Satisfactory		Sat	isfactory	Unsa	tisfactory	Poor		
20	80.00	5	20.00	0	0	0 0		0	0

- VI. Suggestions/Recommendations to improve workshop
 - Good Job!
 - Congratulations! Perfect presentation
 - None; great facilitation
 - The venue is accessible.
 - Sharing of outputs as reference; process documentation of workshop and inputs from NNC-NCR.
 - All handouts and guidelines for the workshop are well provided. Sana kasabay po ulit namin ang Muntinlupa at Makati.
 - Choice of food menu can be improved more. Minor medical care assistance needs improvement and not that responsive unless the guest will follow it up. Suggestion to let the guest feel safe and secured while waiting for assistance (in all forms)
 - My first time to attend the training by the NNC and it is truly commendable on how NNC conducted the training.
 - Thank you for the new learnings!
 - There should be an integrated tool to be used in monitoring the LNAP. Suggestion to use the M & E tool specially the annual outcome monitoring report for easy tracking of PPAs.
 - Additional day specially in formulating the 3-year LNAP.

Prepared by:

John Carlo Y. Meneses Administrative Assistant I

Reviewed by:

Theresa A. Rivas

Development Management Officer II

Submitted by:

Milagros & Federizo **Regional Nutrition Program Coordinator**



The National Nutrition Council - National Capital Region of the Department of Health

presents this

Certificate of Attendance

to

NAME OF PARTICIPANT

Designation

for attending and participating in the

Workshop on the Formulation of Local Nutrition Action Plan 2023-2025

held on May 9-12, 2023 at Hotel Lucky Chinatown, Manila.

MILAGROS ELISA V. FEDERIZO, RND, MPH **Regional Nutrition Program Coordinator**